

SOMO RAIA



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Anglais - B1

## The hidden side of the hamburger

iles  
de  
paix

## Somo Raia

Iles de Paix est une organisation non gouvernementale de coopération au développement active en Afrique et en Amérique latine, ainsi qu'en Belgique. Une association sœur est quant à elle active au Luxembourg. Iles de Paix aspire à un monde permettant à chacun de vivre dans la dignité et de développer ses potentialités, un monde solidaire qui promeut l'accès de tous aux droits humains dans un environnement préservé.

Iles de Paix soutient, en Afrique et en Amérique latine, des familles vulnérables vivant en zone rurale, pour la réalisation de projets écoresponsables.

En Belgique, Iles de Paix mène des actions d'Éducation à la Citoyenneté Mondiale et Solidaire, qui visent à informer, sensibiliser et mobiliser les citoyens en faveur de ces populations rurales défavorisées. C'est dans ce cadre qu'Iles de Paix est notamment présente dans le monde scolaire.

La collection **Somo Raia**, qui signifie « leçon citoyenne » en swahili, vise à mettre à disposition des enseignants des supports de cours leur permettant d'aborder des notions de citoyenneté dans le cadre de leur programme de cours. Chaque fiche de cette collection permet, en une ou plusieurs périodes, de traiter une thématique prévue dans les programmes scolaires et dans les socles de compétences, tout en y ajoutant une dimension de citoyenneté mondiale et solidaire.

## THE HIDDEN SIDE OF THE HAMBURGER

Ce dossier

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de référence pour l'anglais, en adéquation avec les programmes de tous les réseaux d'enseignement en Fédération Wallonie-Bruxelles.

Son objectif est que chaque étudiant puisse maîtriser les champs lexicaux de la vie quotidienne, de l'alimentation, de l'environnement et des transports, en exprimant son avis et donnant des conseils. Cette découverte se fait via le biais d'une série d'activités qui permettent d'exercer la lecture (en lisant et répondant à un quiz de culture générale sur l'alimentation écoresponsable, en réalisant des exercices lexicaux sur la thématique, en parcourant une enquête et en évaluant de la sorte sa propre consommation écoresponsable, en analysant un témoignage d'une personne partageant sa propre expérience sur le sujet), l'audition (comprendre une vidéo sur la face cachée du hamburger afin de répondre à un vrai ou faux), l'expression écrite (en partageant sa propre expérience personnelle sur le thème et en réagissant à un témoignage d'une autre personne en exprimant son avis et donnant des conseils) et l'expression orale (en prenant part à un débat en petit comité sur le sujet en mobilisant les connaissances, le lexique et les fonctions langagières acquis lors de la séquence.).

Une partie de ce dossier, destinée aux enseignants, permet de prolonger vos recherches grâce à certaines informations et documents complémentaires.

Nos projets en Afrique et en Amérique latine, nous ont donné envie d'aborder cette thématique dans le cadre de l'Éducation à la Citoyenneté Mondiale et Solidaire. Nous sommes persuadés que tout engagement solidaire est fondé sur la prise de conscience d'une problématique ainsi que sur la compréhension des solutions possibles.



B1



Anglais



Alimentation durable et responsable



300 minutes



## Extrait des Socles de compétences

### Anglais

Ecouter pour (s')informer et/ou (faire) agir  
 Lire pour (s')informer et/ou (faire) agir  
 Écrire pour (s')informer et/ou (faire) agir

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### Éducation à la philosophie et à la citoyenneté

- 5. Se décentrer par la discussion
  - 5.2. Élargir sa perspective
- 6. S'ouvrir à la pluralité des cultures
  - 6.3 Reconnaître la diversité des cultures

## Proposition méthodologique

- A. Introduction: Quiz about sustainable food** —————▶ **30 min.**
  - B. Vocabulary: The hidden side of the hamburger**
    - Kahoot —————▶ **25 min.**
    - Fill in the vocabulary list —————▶ **10 min.**
    - Vocabulary exercise 1 + Vocabulary exercise 2 —————▶ **20 min.**
  - C. Listening: The hidden side of the hamburger** —————▶ **45 min.**
  - D. Reading: What kind of responsible consumer are you?** —————▶ **30 min.**
  - E. Language needs: How to express your opinion and give some advice**
    - Brainstorming —————▶ **10 min.**
    - Fill in the vocabulary list —————▶ **10 min.**
  - F. Writing: Sustainable eating**
    - Sharing experience —————▶ **40 min.**
    - Reading + Expressing opinion/Giving advice —————▶ **50 min.**
  - G. Speaking: Final task - Debate (preparation + group presentation)** —————▶ **30 min.**
- ≡ 300 min.**  
**(6 heures de cours)**

# The hidden side of the hamburger

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• DOSSIER À PHOTOCOPIER •  
POUR LES ÉLÈVES



## THE HIDDEN SIDE OF THE HAMBURGER



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Voyager plus facilement, faire de nouvelles rencontres, ouvrir son esprit à d'autres cultures, développer ses capacités cognitives, la concentration ou la patience... Les avantages à apprendre une langue étrangère sont nombreux. Pouvoir parler plusieurs langues renforce par ailleurs la compréhension de notre monde de plus en plus globalisé et des nombreuses cultures qui le façonnent.

Et cette séquence de cours aborde justement un sujet lié à la mondialisation... Avec l'augmentation de l'import et de l'export de produits issus de l'agriculture, des producteurs à travers le monde sont amenés à devoir se spécialiser dans des cultures produites à moindre coût et au travers de techniques agricoles néfastes pour l'environnement et la santé. Ce qui en retour entraîne des conséquences climatiques dangereuses pour les agriculteurs et les consommateurs de par le monde.

"The hidden side of the hamburger" est une séquence de cours qui permet de mieux comprendre ce phénomène, tout en renforçant les compétences linguistiques des élèves.



Let's see what you know about the topic... Answer the following questions about sustainable food. Each question only has one correct answer ! You can use the vocabulary list if need be.

1. How much food waste is there in the world?

- +/- 70%
- +/- 50%
- +/- 30%
- +/- 10%

6. How much of the world's water is fresh (drinkable) water ?

- 3%
- 23%
- 53%
- 82%

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- Vegetables
- Dairy products
- Sweets
- Meat

7. Which of the following suggestions, would you call eco-friendly?

- Eating fast food
- Cooking leftovers
- Buying over-packaged products
- Eating strawberries and tomatoes in winter

3. Which of the following contributes most to food waste?

- The agriculture industry
- The processing and packaging industry
- The distribution and retail
- Consumers

8. What is responsible eating?

- A consumption mode that ignores the wellbeing of workers within the food system
- A consumption mode that respects the environment, is beneficial to the economy, meets the criteria of sustainable development and is good for your health
- A consumption mode that accelerates global warming

4. Does waste have an impact on our climate?

- Yes
- No

5. The large amount of plastic waste accumulated in our oceans is called:

- The fifth continent
- The sixth continent
- The seventh continent
- The eighth continent

9. What is the most environmentally friendly distribution channel?

- Long-circuit
- Short-circuit



10. According to you, most consumers choose a product based on:

- The price, the quality and the presentation
- The production location and conditions
- The amount of packaging

11. Which option has the least energy impact?

- A paper bag
- A reusable cloth bag
- A plastic bag
- A reusable plastic bag

12. Amongst the following brands, which one is the most sustainable?

- Adidas
- BMW
- Apple

13. In terms of environmental impact, what is the equivalent of eating 500 grams of Californian beef?

- Eating 500 grams of almonds
- Showering for a whole year
- Flushing the toilet for a whole day
- Watching TV for a whole week

14. What are ways to eat more sustainably?

- Lower meat consumption
- Waste less food
- Shop locally
- All options are correct

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15. Which of the following is the most sustainable way to deal with food waste? The correct answer is to:

- Apologize to a green plant before each meal
- Shout very loudly "it's a scandal", then roll into a ball and cry
- Achieve at least one of the solutions in question 14





## Vocabulary list

ENGLISH	FRENCH	DEFINITION / SYNONYM
Sustainable	Durable	Using techniques that protect the environment, public health, human communities and animal welfare
Waste (toujours au sg.)	1. Gaspillage 2. Déchets, ordures	Something left over
To waste	Gaspiller	To use inefficiently
A vegetable	Un légume	A plant that is usually eaten
A dairy product	Un produit laitier	Relating to milk, cream, butter, cheese, etc.
A sweet	Un bonbon	A candy
Meat	La viande	Animal flesh
Product packaging	L'emballage	A box or wrapping in which a product is offered for sale
Retail	La vente	Sale to public
A consumer	Un consommateur	A customer, a buyer
To be covered with	Être recouvert par	To spread over, to take up
Drinkable	Potable	Safe to drink
Eco-friendly	Écologique, respectueux de l'environnement	Environmentally safe
To cook	Cuisiner	Prepare food by heat
Leftovers	Des restes	Food remaining
An over-packaged product	Un produit trop emballé	Too much packaging
A strawberry	Une fraise	A fleshy red fruit
Responsible	Responsable	+/- = Sustainable
A consumption mode	Un mode de consommation	A way of consuming things
To take something into account	Tenir compte de quelque chose	To consider, to take into consideration
Environment	L'environnement	All external factors (like air, water, minerals, organisms) surrounding and affecting an organism
To be beneficial for	Être avantageux pour	To be positive for
To meet the criteria of	Répondre aux critères de	To match, to fit, to correspond to/with
Health	La santé	The general condition of the body or mind

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To increase	Augmenter	>> To reduce
Global warming	Le réchauffement climatique	An increase in the average temperature of Earth's atmosphere
A distribution channel	Un circuit de distribution	A retailer
According to you	Selon toi	For you
An amount of	Une quantité de	A quantity of
The most	Le plus	>> The least
More	Plus	>> Less
The least	Le moins	>> The most
Less	Moins	>> More
Reusable	Réutilisable	That can be used again
A cloth bag	Un sac en tissu	A bag
A company	Une entreprise	A business
		The environmental impact
	Du boeuf	The flesh of a cow, steer, or bull raised and killed for meat
An almond	Un amande	A nutlike fruit
To shower	Prendre une douche	To bathe in sprayed water
Whole	Entier	Entire, total
To flush the toilet	Tirer la chasse des toilettes	To drain toilet waste
A way	Une façon	A manner
Sustainably	Durablement	> Sustainable
To lower	Diminuer	= To reduce
To reduce	Diminuer	>> To increase = To lower
A diet	Un régime	The way one eats
Biodiversity	La biodiversité	Variety of species
To apologise	Présenter ses excuses	To say sorry
A meal	Un repas	A time/occasion for eating
To shout	Crier	To talk loudly
Loudly	Fort	At high volume, with intensity
To roll into a ball	Se rouler en boule	To curl up, to go into a fetal position
To cry	Pleurer	To shed tears, to weep
To achieve	Réaliser	To accomplish
At least	Au moins	At the minimum

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# B

## VOCABULARY

### The hidden side of the hamburger

Before watching the video *The hidden side of the hamburger*, let's have a look at the important vocabulary for this lesson. Switch on your smartphone/computer/tablet and take part in a vocabulary game on Kahoot. Here is the link to play Kahoot: [www.kahoot.it](http://www.kahoot.it)



Take a look at the following vocabulary list. Fill it in with the French translation of the English words.

ENGLISH WORD	FRENCH WORD	DEFINITION
(Previously seen)	La santé	State of body or mind
Starving		Having no food
To starve		To have no food
A share		A portion
Rotten		Decayed
To rot		To decay
Meat (Previously seen)	La viande	Food: animal flesh
A butcher		A person who prepares meat
A cow	Une vache	A domesticated bovine animal kept for milk/meat
To graze	Brouter	To eat grass
A farm		A place where farmers grow crops and rear animals
Grass		A plant that is eaten by cows and other animals
A grassland	Une prairie	Pasture
A barn	Une grange	A farm building
To feed	Nourrir	To give food to somebody or an animal
A seed	Une graine	Of a plant, fruit or vegetable

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A soya bean	Un germe de soja	A seed that comes from the soybean plant
Huge		Extremely large
A field		Agriculture: land
A boat		A ship
Polluting		Contaminating
To pollute		To contaminate
An engine		A motor
To release	Libérer	To emit
Gas		Chemical vapor
Climate change	Changement climatique	A change in the average conditions (temperature and rainfall) in a region over a long period of time
A plane		To fly
To cultivate		To cultivate
To need	Avoir besoin de	To require, to find something/somebody necessary
To cut down	Abattre	Trees: to fell
A rainforest	Une forêt tropicale	An ancient forest rich in biodiversity, found in tropical areas
Vital		Essential
A species		Animal, plant: variety
An endangered species	Une espèce en voie de disparition	An animal or plant becoming extinct
A shield		A thing or person that protects
To destroy		To demolish
To protect from		To defend from
To depend on		To live off
Global warming (Previously seen)	Le réchauffement climatique	An increase in the overall temperatures of the Earth's atmosphere
To disrupt	Perturber	To cause disorder
As a result		Consequently
To accelerate		To hasten
As well as		Along with
Deforestation		The destruction of trees
To provide	Fournir	To supply
To choose		To select
Carefully	Avec soin	Wisely

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## • Vocabulary exercise 1 •

Read the French words in the box and the sentences below. Translate the French words into English, then put them into the right sentences. Don't forget to write the nouns/verbs in their correct form.

légumes - brouter - grange - avec soin - réchauffement climatique - cultiver - abattre

> Being a responsible consumer means to ..... choose the products you intend to buy.

> Nowadays, most cows grow up in bi.....

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....., also called deforestation, contributes to .....

> Do you ..... your own ..... or do you buy them in the supermarket?

## • Vocabulary exercise 2 •

Translate the following sentences into English

1. Certains agriculteurs utilisent des graines, comme le soja, pour nourrir leurs vaches.

.....

2. La forêt tropicale est essentielle pour les espèces en voie de disparition.

.....

3. Les moteurs des bateaux et avions libèrent des gaz qui perturbent le climat.

.....





**LISTENING**

The hidden side of the hamburger

Watch the following video attentively. Then, read the statements in the following table and write whether they are "true" or "false". Don't forget to justify your answer with information from the video in case it is false.<sup>1</sup>



STATEMENTS	TRUE/FALSE	JUSTIFICATION
The meat you find in hamburgers always comes from cows that live in grasslands.	True	
Soya beans that come from Brazil.	True False	
Transporting soya beans doesn't affect nor disrupts the climate.	True False	
Trees in the Amazon rainforest are cut down in order to grow soya.	True False	
The Amazon rainforest plays a minor role in our environment.	True False	
One consequence of global warming is less rain, which is a good thing.	True False	
Eliminating meat from your diet is the only solution to the environmental problems discussed in the video.	True False	

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<sup>1</sup> [https://www.youtube.com/watch?v=f5K8Fr75dCU&list=PLd7LAHZLvqX\\_JVCM4NOdU\\_HLrFCdTklkd&index=21](https://www.youtube.com/watch?v=f5K8Fr75dCU&list=PLd7LAHZLvqX_JVCM4NOdU_HLrFCdTklkd&index=21)



## What is a sustainable consumer?

Let's see what a sustainable consumer is... Take the following test to find out! Try to choose only one correct answer for each question and circle its symbol. Use the vocabulary list on the next page if need be.

## 1. A sustainable consumer most often does their shopping:

- ◆ At the market or in a small shop in his village
- ▲ In an organic shop
- ★ On the Internet
- In a supermarket

## 2. To do their shopping, a sustainable consumer:

- ▲ On foot

- ▼ By car

## 3. To choose a product, a sustainable consumer pays attention to:

- ★ The brand
- ◆ Packaging (environmentally friendly or not)
- The price only
- ▲ The place of production (local or not)

## 4. A sustainable consumer chooses products with little or no packaging:

- ▲ Always
- ◆ Often
- Rarely
- ★ Never

## 5. A sustainable consumer eats red meat:

- ★ At every meal
- Once a day
- ◆ Once a week
- ▲ Never

## 6. A sustainable consumer eats a vegetarian meal:

- ◆ Once a week
- ★ Never
- ▲ At least once a day
- Once or twice a month

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7. A sustainable consumer mainly buys their fruit and vegetables:

- At the market
- ▲ In organic shops
- ★ In a supermarket
- ◆ From local producers

8. A sustainable consumer eats seasonal fruit and vegetables:

- ◆ Most of the time
- ▲ Always
- Rarely
- ★ Never

9. For meals at home, a sustainable consumer eats meat (beef, chicken, etc.):

- 1-2 times a month
- ▲ Never

10. A sustainable consumer drinks bottled water:

- ◆ Rarely
- ★ Always
- ▲ Never
- Often

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**LET'S CHECK THE RESULTS!**

**If you have a majority of ▲/ ◆ answers :** You understand the notion of sustainable consumption and what being a responsible consumer is.

**If you have a mix of ▲/ ◆/ ●/ ★ answers :** This behavior is not always exemplary in terms of respect for the environment and has a clear impact on it. There is room for improvement...

**If you have a majority of ★/ ● answers :** These choices have a negative impact on the planet. Change is not impossible! Redo the previous exercises to learn more of what can be done to protect our Earth.





## Vocabulary list

ENGLISH WORD	FRENCH TRANSLATION	DEFINITION / SYNONYM
The kind of	Le genre de	The type of
Most often	Le plus souvent	Usually
An organic shop	Un magasin biologique	A place where we can buy food from farming without chemicals
On foot	À pied	Walking
By public transport	Avec les transports en commun	Ex.: Bus, tram, underground
To pay attention to	Faire attention à	To concentrate on
Only	Seulement	Simply, exclusively
The brand	La marque	Ex. Nike
Once a day	Une fois par jour	Once a week
	Principalement	Principally
A local producer	Un producteur local	A person who makes something and doesn't live far from your home
Seasonal	De saison	Relating to the seasons of the year
Most of the time	La plupart du temps	Usually
A ready-made meal	Un plat préparé	Food made in advance for sale
Frozen	Surgelé	Preserved in freezer
Canned	En conserve	Preserved in a can or a jar
Several	Plusieurs	Some, a few, different
Bottled	En bouteille	Served or sold in a bottle
To check	Vérifier	Inspect, verify, examine
An answer	Une réponse	>> A question
Congratulations !	Félicitations !	Well done, good job !
To spread	Partager	To share
A tip	Un conseil	Advice, help
Around	Autour de	All over, everywhere
Exemplary	Exemplaire	Ideal, model
To optimise	Optimiser	To make as perfect as possible
To find out	Découvrir	To discover, to learn about

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E

**LANGUAGE NEEDS**

How to express your opinion and give some advice

Do you know how to express your opinion and to give some advice in English?  
If so, which phrases do you know? Write them down around the speech bubble.

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EXPRESS  
YOUR  
OPINION &  
GIVE  
SOME  
ADVICE



Now, take a look at the following table and translate it from English to French.

EXPRESSING OPINION	
In my opinion	
In my view	
As far as I'm concerned	
As far as I know	
As I see it	
From my point of view	
Personally speaking, I believe	
I strongly believe that	
I honestly think that	
As for me	
I might be wrong but	
What I mean is	
I have no opinion on this matter	
GIVING ADVICE	
If I <u>were</u> you, I would + INF without "to"	
You'd better + INF without "to"	
You should + INF without "to"	
If you take my advice, you'll + INF without "to"	
My advice would be to + INF	
It might be a good idea to + INF	
I advise you to + INF	
Have you thought about + Verb in ING?	
How about + Verb in ING?	

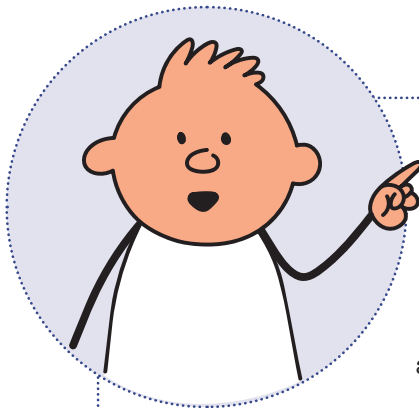
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Here is the link to the Quizlet Vocabulary and Language Needs list:

[https://quizlet.com/\\_7056g5?x=1jqt&i=1g6dsq](https://quizlet.com/_7056g5?x=1jqt&i=1g6dsq)







Hi!

My name's Oscar and I'm 15 years old. I lived in the UK for nearly 13 years but my family and I have recently moved to Belgium for my father's work. I'm not fluent in French yet, I still need to make some progress, but I'm a fast learner and I hope to become bilingual soon!

Today, I'm going to write about my daily routine regarding food and shopping in order to **assess** the impact it has on the environment.

First of all, I'll deal with the food I usually eat. Since my parents get home late from work, we never cook dinner. We often eat out at a restaurant or order takeaways, but we always have too much food which often goes to waste. I eat a hot meal for lunch three times a week at school: on Mondays, Thursdays and Fridays. I never eat at the canteen on Tuesdays because it's usually just pizza, pasta...

On Wednesdays, I eat fish sticks, of course! The school also has a garden. Well, I must confess that I usually try to **get rid of** my vegetables because I really don't like that... and there's always someone to pass them to! Regarding breakfast, my parents insist that I have a varied and healthy meal: one dairy product (that comes directly from the farm), sugar-free cereals and fresh juice that is made from the apples we grow in our garden. It helps me get enough energy until lunch. Nevertheless, my mother never forgets to **slip** snacks in my school bag as well as a piece of fruit (which I usually throw away because I am generally full with the snacks).

In the second part of my text, I'll talk about our shopping habits. My mother is the one who usually **goes on errands**. We are lucky to have a big supermarket at the end of our street, it's very practical! This shop offers a large variety of products from all over the world: from Mexican avocados to Japanese sushi, you can find everything you **are looking for**! Moreover, the shop itself is really pleasant: there's always good music, the products look tasty and their packaging is well-designed. Sometimes, we don't necessarily need a product but its packaging is so **attractive** that it ends up in our **cart**! One last advantage is that, contrary to other shops, they don't **charge** plastic bags (which saves us money!).

I know that my daily routine may need some improvement, but I hope that it doesn't have a major impact on the environment. What do you think of it? Don't be afraid to share your opinion with me. I'm looking forward to hearing from you!

Oscar

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- To assess = évaluer
- To get rid of = se débarrasser de
- To slip in = glisser dans
- To go on errands = faire les courses
- To look for = chercher
- Attractive = attirant
- Cart = chariot
- To charge = faire payer





## SPEAKING

### Final task – Debate

#### Contexte >

Ton école souhaite proposer un nouveau menu pour le repas de midi du vendredi : un hamburger avec des frites. Afin de recenser des avis éclairés concernant ce nouveau plat, le directeur de l'école invite les étudiants à débattre de ce sujet, en petit comité, lors d'une réunion de concertation durant le cours de langue.

#### Rôles des intervenants :

1. **Deux élèves en faveur du projet** : Ils trouvent que c'est une bonne idée et donnent des arguments afin de défendre le projet.
2. **Deux élèves en défaveur du projet** : Ils trouvent que c'est une mauvaise idée et donnent des arguments afin de défendre leur point de vue.

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Discutez ensemble des avantages et des inconvénients de ce projet à la lumière des connaissances apprises sur l'alimentation écoresponsable. Tentez de trouver un terrain d'entente au moment de la décision finale. Gardez en mémoire que le projet peut être adapté suivant les conditions émises par les différents partis.

Afin de préparer au mieux ton rôle d'intervenant, tu es invité à noter tes idées sous-forme de mots-clés dans le tableau ci-dessous. Dans un premier temps, réfléchis aux arguments que tu pourrais avancer lors du débat. Dans un second temps, joins-toi au second intervenant du même rôle afin de mettre en commun vos différentes idées et enrichir vos propos.

EXAMPLES OF ARGUMENTS	
PROS	CONS



## Tâche d'écoute >

Durant les différents débats, les élèves observateurs (ceux qui ne participent pas au débat) sont amenés à compléter une fiche d'écoute (voir ci-dessous) concernant la présentation orale des élèves acteurs. Cette fiche sert à identifier les divers arguments utilisés par les élèves durant leur débat.

Pour chacune des interactions orales, le professeur attribuera à chaque élève observateur un élève acteur qu'il écoutera attentivement durant tout le débat (idéalement un élève acteur ayant le même rôle que l'élève observateur). L'élève observateur veillera à compléter la fiche de manière précise avec les informations que l'élève acteur présentera. La fiche complétée sera ensuite rendue au professeur à la fin du débat.

► Nom de l'étudiant à observer :

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### ARGUMENTS AVANCÉS







## APPENDIX

# Tapescript (Activity C. Listening : The hidden side of the hamburger)

- Oscar's dad > Oscar

- Well Oscar, eat up your vegetables!

> But I don't like them...

- Come on ! Vegetables are good for your health.

> But I really don't like that. I prefer hamburgers!

- Think of the starving kids who would like to change places with you.

> Well, I would like to give them my share! Shall we send it to them?

- You know that's impossible!

> It

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> But how could eating vegetables rather than a hamburger get them food, over there?

- Let me explain... It's a long story... Where does your burger, your meat, come from?

> From the butcher's, of course!

- Yes, but before arriving at the butcher's, what was it like?

> Before the butcher's? It was a cow and it grazed on a farm!

- Some cows still graze in grasslands, yes. But most of them, those that will become hamburgers, grow up in big barns. They don't eat grass.

> What do they eat then?

- To feed the cow, which will later become the hamburger that you'll eat, we use seeds. For example, soya beans, which come from far away.

> And where does this soya come from?

- It comes from Brazil. It is grown in huge fields. That's a dual problem.

> What are the two problems regarding the Brazilian soya that feeds the cow that then becomes the hamburger I eat?

- The first problem is that we use large boats to transport the Brazilian soya that feeds the cow that then becomes the hamburger you eat... and that can be very polluting.

> Oh, that's not cool... Oh yes! I learned at school that the engines release gases that cause climate change. It's true for cars and planes.

- And that's also true for boats that transport Brazilian soya.

> And the cows too! They release anti-climate gases.



- **(laughter) Yes, you're right... But let's go back to the soya.**
- > What is the second problem with the Brazilian soya that feeds the cow that will later become the hamburger I eat?
- **The second problem is that in order to grow it, we grow huge fields in Brazil. And to do so, we need space. So, we cut trees from the Amazon rainforest down to gain the necessary space.**
- > Hmm, that's not cool either. Because the Amazon rainforest is vital for endangered animal species.
- **Endangered animal species are a serious problem. But there is more: the Amazon rainforest is the Earth's best shield against gases that cause climate change.**
- > So... In order to eat my hamburger, we need a cow that feeds on Brazilian soya... And to grow that soya, we destroy the Amazon rainforest which protects us from climate change...?
- **That's right !**
- > And Hamburgers... For example... Many African people depend on them. They grow in their fields the food that they eat. Global warming disrupts the climate in Africa. As a result, it doesn't rain enough anymore. So the grains and the vegetables don't grow well there... And the people don't get enough food.
- > So... People don't have enough food because of climate change, which is accelerated by gases released by boats as well as deforestation. All this to provide soya to cows which will become the hamburgers that I want to eat?
- **That's right...**
- > Then, I'll stop eating hamburgers!
- **(Laughter) No no, you wouldn't have to go this far. But you need to eat less meat and to choose it carefully: it needs to come from a cow that could graze on good grass from our fields, here.**
- > Oh yes, because with this cow, no need for soya! So, no boats and no destroyed Amazon rainforest either. No climate change, and so the African people can comfortably grow the food they need in order to feed their families.
- **That's it! Come on, eat your vegetables, it's good for your health.**
- > For mine and others'!

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